



TRAIL USERS WITH DOGS

- * Keep your pet on a maximum 6 foot leash and under control as other trail users may be frightened by dogs. Ideally you would have your dog heel and/or sit while other trail users pass.
- * Clean up after your pet(s) and dispose of waste in proper trash receptacles.
- * Maintain control of your dog. Many horses and other trail users are frightened of dogs; communicate with others and train your dog to behave around horses, bikes, and hikers.
- * Yield to other hikers and equestrians. Because some dogs are unpredictable, step to one side of the trail with your dog to allow enough room for others to pass.

POPULAR RHE TRAILS

- Georgeff Trail
- Bridle Trail
- Dapplegray trail
- Carriage Trail
- Phillips Canyon Trail
- Roadrunner Trail
- Scout House Trail
- Saddleback Trail
- Strawberry Trail
- PV Drive North Trail
- Botanical Gardens Trail
- Chandler trail
- Sorrel Trail
- Peppertree Trail

Thank you for helping us protect the trails of Rolling Hills Estates!

Contacts:

Rolling Hills Estates City Hall

Preserve Information, maps,
code enforcement
(310) 377-1577
www.rollinghillsestatesca.gov



Palos Verdes Peninsula Horsemen's Association

Full Peninsula Trail Guide
www.pvpha.org



Palos Verdes Peninsula Land Conservancy

Detailed maps, volunteer
opportunities,
(310) 541-7613
www.pvplc.org



For more information visit:
www.rollinghillsestatesca.gov

SHARING THE TRAILS

Guidelines and Etiquette for Shared-Use Trails



City of Rolling Hills Estates
4045 Palos Verdes Peninsula Drive North
Rolling Hills Estates, CA 90275
www.rollinghillsestatesca.gov

GENERAL TRAIL SAFETY: ALL TRAIL USERS



- * Please obey signage including closures.
- * Stay alert and be aware of your surroundings at all times. Always be on the lookout for other trail users, emergency vehicles, or wildlife.
- * Wear only one ear bud while listening to music for both personal safety and awareness.
- * Wear proper attire and safety gear for your recreational activity, including reflective gear, hat, sun block, helmet, protective pads, etc.
- * Respect private property and the privacy of people living along the trail.
- * Faster trail users: you can expect to see horses and other users on the trail. Although yield rules exist, be prepared to offer friendly communication to allow for safe passage to protect people.
- * Please stay on trails to protect delicate habitat and wildlife. Tread lightly and help protect nature.
- * Leave no trace. Pack out your trash, animal waste, and keep our trails clean and safe for other users.
- * Pass cautiously: Do not pass an area if it is too narrow. Do not pass by going off the trail. Use a wider trail segment even if you need to go backwards.



PLANTS TO BEWARE OF

* **Jimson Weed:**

When ingested, the plant acts as a hallucinogen. It can be toxic. Several of Jimson weed's alkaloid compounds are used by Western medicine. This is a beautiful plant that should be considered poisonous and unsafe for consumption!



* **Western Poison Oak:**

Western poison oak is well known for its ability to cause rashes in people who come in contact with the leaves. Pets that come in contact with the plant can pick up the irritant and pass it on to their owners. A common plant, it is easier to spot in fall, when its leaves turn red: a pretty warning!



* **Stinging Nettle**

For those that get too close, pain from a stinging nettle sting can be alleviated by rubbing the area with mugwort leaves, applying damp mud to the area, or rubbing with dry sandy or gravelly soil.



* **Castor Bean**

This plant contains the poison ricin. Consumption of the seeds can lead to poisoning. The seeds are used to make the non-poisonous castor oil, where ricin is removed in the process as a waste product. This is one plant that should not be consumed!



* **Astragalus**

This plant is one of two documented host species for the Palos Verdes blue butterfly. Eggs are laid on the plant where caterpillars (larvae) feed sometimes on the flowers. Please ensure that horses or animals do not consume this as it could be harmful.



HOW TO BE SAFE AROUND HORSES

- * When driving past a horse be sure to give them a wide-berth and slow down!
- * Do not honk your horn at any horses crossing the intersections as equestrians have the right of way .
- * If approaching a horse from behind, always announce your presence. Call out to the rider and say something like “passing on the left, is that OK with your horse?”
- * It is important to understand that horses can be easily spooked by quick movement (including runners) or noises, especially from behind.
- * When horses are passing by, refrain from sudden movements, flapping jackets, etc. Just hold still until they safely pass you.
- * Stay visible to any approaching horse – do not hide where they cannot see you.
- * Recognize that horses always have the right of way, and all users must yield to a horse.
- * As you approach a horse, engage with the rider to be sure it is safe to pass.
- * Be sure to obey the posted signs as to which trails permit horses and equestrians only.
- * Stay on the downhill side of the trail. Spooked horses go uphill.